

Acting 1

The Fundamentals of an HB technique: Here, you develop the ability to respond truthfully, dynamically, and vividly with fellow actors and the ability to access sensory elements. You tap into the power of imagination and the reservoir of memory. You gain a working understanding of the terms: previous circumstances, destination, inner and outer objects, intentions, obstacles, and conflicts. You develop an awareness of the power, function and dynamics of “place”, and learn to be in a state of discovery, which leads to actions. You develop tools of research and observation and you get comfortable improvising. You begin to measure yourself against professional standards and develop habits of discipline and a strong work ethic. Do understand that these practices take time to master. It takes about a year (20-30 weeks) at this level to really own the skills addressed. Further scene study or performance work will then take root in this fertile ground. PREREQUISITE: Open to all.

EventCd	Teacher	StartDate	EndDate	Days	Mtg	Ages	StartTime	EndTime	Location	Room	Fee*
DEB1M-A	Deblinger, David	1/10/22	2/14/22	Mo	5	18yr-& Up-	01:30 PM	04:00 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$290.00
DEB1M-B	Deblinger, David	2/21/22	3/21/22	Mo	5	18yr-& Up-	01:30 PM	04:00 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$290.00
STE1SU-A	Steibl, Trudy	1/16/22	2/13/22	Su	5	18yr-& Up-	01:30 PM	04:00 PM	HB Studio Headquarters	Second Floor Studio - 120	\$290.00
STE1SU-B	Steibl, Trudy	2/20/22	3/20/22	Su	5	18yr-& Up-	01:30 PM	04:00 PM	HB Studio Headquarters	Second Floor Studio - 120 Bank	\$290.00
AN10W-A	Andrade, Pablo	1/12/22	2/9/22	We	5	18yr-& Up-	10:00 AM	12:30 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$290.00
AN10W-B	Andrade, Pablo	2/16/22	3/16/22	We	5	18yr-& Up-	10:00 AM	12:30 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$290.00
FRR12SA-A	Ferrara, Francesca	1/15/22	2/12/22	Sa	5	18yr-& Up-	12:30 PM	03:00 PM	HB Studio Headquarters	Second Floor Studio - 120 Bank	\$290.00
FRR12SA-B	Ferrara, Francesca	2/19/22	3/19/22	Sa	5	18yr-& Up-	12:30 PM	03:00 PM	HB Studio Headquarters	Second Floor Studio - 120 Bank	\$290.00

Acting 2

You continue developing the techniques from Acting 1, now applied toward scene work and the demands of crafting and scoring a role. You’ll use Uta Hagen’s object exercises to build habits of attention and unlock your rehearsal process. You’ll apply improvisation to the exploration of character and circumstances, and develop an approach to preparation. Among the skills you’ll practice: discerning beats, intentions, obstacles, and conflict; choosing actions; sensing the turning points in the text; substitution/personalization; endowment of sensory conditions; working with expectations and previous circumstances; finding immediacy in the give and take. PREREQUISITE: Open to actors placed at Acting Level 2 and up. New to HB? Audition for placement.

EventCd	Teacher	StartDate	EndDate	Days	Mtg	Ages	StartTime	EndTime	Location	Room	Fee*
DEB2SA-A	Deblinger, David	1/15/22	2/12/22	Sa	5	18yr-& Up-	02:30 PM	05:00 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$290.00
DEB2SA-B	Deblinger, David	2/19/22	3/19/22	Sa	5	18yr-& Up-	02:30 PM	05:00 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$290.00

Acting Improvisation

For actors who want to improve their acting skills through improvisation, this class amplifies the technique work in Level 1 and supports the work with scenes in Levels 2 and 3. The first session will be dedicated to the choices you need to make to structure a viable improvisation, with emphasis placed on circumstances, relationships, tension and subtext. In the following sessions you will improvise scenes based on play and film summaries given a short preparation period in class. There is no work outside of class. Through this inventive process you develop immediacy, creativity and partnering skills, and hone your instincts for making productive dramatic choices. Actors of all levels are welcome. PREREQUISITE: Open to all.

EventCd	Teacher	StartDate	EndDate	Days	Mtg	Ages	StartTime	EndTime	Location	Room	Fee*
KAZ3W-A	Kazlas, Rasa Allan	1/12/22	2/9/22	We	5	18yr-& Up-	03:30 PM	06:00 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$295.00
KAZ3W-B	Kazlas, Rasa Allan	2/16/22	3/16/22	We	5	18yr-& Up-	03:30 PM	06:00 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$295.00

Acting in English

For actors who have English as a second language. The question “How do I make these words my own?” is at the core of the actor’s craft. If you are speaking English as a second language, you may encounter additional stumbling blocks like getting stuck in “translator” mode, feeling emotionally disconnected from the language, and fearing being misunderstood. This course is designed to help you bridge the gap between the text and the self by unlocking the full expressive power of the language skills you already possess. The class guides you through activities to fully access your natural and learned language tools so that you can express yourself more freely, listen more intently and contribute more meaningfully in English. Voice and movement exercises will uncover the expressive musicality and physical experience of embodied language. Through text analysis, table reading, and guided rehearsal, you explore the vocabulary, grammar, subtext and context of a given script. The goal is to develop your language skills on multiple levels with a focus on improving your ability to perform in English. All of this serves the actor’s calling to make meaningful connections with others through collaborative dialogue. PREREQUISITE: Open to all.

EventCd	Teacher	StartDate	EndDate	Days	Mtg	Ages	StartTime	EndTime	Location	Room	Fee*
DOL11TU-B	Dolezel, Craig	2/15/22	3/15/22	Tu	5	18yr-& Up-	11:30 AM	01:30 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$235.00
DOL11TU-A	Dolezel, Craig	1/11/22	2/8/22	Tu	5	18yr-& Up-	11:30 AM	01:30 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$235.00

Acting the Song

This course applies the skills developed in Acting 1 and 2 to musical performance—to the presentation and articulation of a song, as it arises from the scene and from the life of the character. You will work to balance correct vocal technique and sound production with the effort to bring truth and specificity, both to the song and to the role. Class material addressed may include solo performance, duet, or group scenes and is appropriate for both the professional and aspiring singing actor in whatever genre you may choose to focus your efforts (musical theatre, opera, concert/cabaret). Accompanist provided. Come prepared with a song (memorized and with sheet music properly prepared and in a binder for use by the accompanist). PREREQUISITE: Open to actors placed at Singing Level 2 and up. New to HB? Audition for placement.

EventCd	Teacher	StartDate	EndDate	Days	Mtg	Ages	StartTime	EndTime	Location	Room	Fee*
LS3F-A	Serabian, Lorraine	1/14/22	2/11/22	Fr	5	18yr-& Up-	03:30 PM	06:00 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$295.00
LS3F-B	Serabian, Lorraine	2/18/22	3/18/22	Fr	5	18yr-& Up-	03:30 PM	06:00 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$295.00

Actuar en Español

Esta clase, dirigida en Español, consiste en un programa dinámico de 10 semanas dividido en dos partes de 5 semanas. La clase indagará en las aplicaciones prácticas de la técnica de Uta Hagen discutidas en su libro “Un reto para el actor”. Se usarán los ejercicios de Uta Hagen como herramienta para enfrentar retos y desbloquear el proceso de ensayo; y se pondrán en práctica mediante el trabajo de escenas, monólogos o soliloquios extraídos a partir de obras hispanas contemporáneas. A través del análisis de texto, trabajo de mesa, y ensayos guiados, se trabajará en conseguir una conexión auténtica con las circunstancias del personaje, escogiendo las acciones más honestas acordes con las circunstancias y buscando la organicidad y liberación de los impulsos. Las escenas se presentarán en clase, y luego se trabajarán y presentarán de nuevo para explorar y aplicar los comentarios recibidos. Se espera, por parte de los estudiantes, investigación extensa, preparación y ensayos fuera de la clase. REQUISITO PREVIO: El curso está abierto a la comunidad hispana así como a los actores cuya segunda lengua es el español y quieran usar sus habilidades lingüísticas a varios niveles, mejorando su habilidad para actuar en español. Curso para todos los niveles. Acting in Spanish This class, conducted in Spanish, is a vigorous 10-week program divided in two 5-week parts. The class will probe the practical applications of Uta Hagen's approach as discussed in her book, A CHALLENGE FOR THE ACTOR. You will explore Uta Hagen's object exercises to solve acting challenges and unlock your rehearsal process, applying them towards work on monologues, soliloquies, and scenes from contemporary Hispanic plays. Through text analysis, table reading, and guided rehearsal, you will work to find an authentic inner connection to the character's circumstances and to choose truthful, effective and lively actions. Scenes are presented in class for critique, then reworked to explore and apply feedback. Extensive research, preparation, and rehearsal are expected outside of class. PREREQUISITE: The class is open to the Hispanic community as well as actors who have Spanish as a second language and want to use their language skills on multiple levels with a focus on improving their ability to perform in Spanish. Open to all levels.

EventCd	Teacher	StartDate	EndDate	Days	Mtg	Ages	StartTime	EndTime	Location	Room	Fee*
ANFO10M-A	Fontanals, Maria	1/10/22	2/14/22	Mo	5	18yr-& Up-	10:00 AM	12:30 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$225.00
ANFO10M-B	Fontanals, Maria	2/21/22	3/21/22	Mo	5	18yr-& Up-	10:00 AM	12:30 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$225.00

Alexander Technique

The Alexander Technique is a gentle method through which you gradually learn to free yourself from unconscious physical habits that limit your ease, versatility, and freedom. This course will inquire into and enhance your “body map” – your conception of your body, as a whole and in specific areas. As you learn to release the downward pressure of your head to your spine, become clearer about your joints and how they work, and understand the unity of your body/mind and how it functions as a whole, you will gain access to an ever-increasing sensory awareness. Bringing conscious thought and awareness to daily life will allow you to change the habitual behavior that creates unneeded tension. Posture and self-use become conscious and volitional, not habitual and rigid. This translates to a greater possibility of fully embodying characters whose physical life is different from your own while maintaining healthy use of your body. Natural free use of the breath is addressed as a result of freeing the whole self, supporting your voice work. Recommended reading for Alexander Technique: BODY LEARNING by Michael Gelb PREREQUISITE: Open to ALL levels.

EventCd	Teacher	StartDate	EndDate	Days	Mtg	Ages	StartTime	EndTime	Location	Room	Fee*
MB4M-A	Bernard, Martha	1/10/22	2/14/22	Mo	5	18yr-& Up-	04:30 PM	06:00 PM	HB Studio Headquarters	Second Floor Studio - 120 Bank	\$185.00
MB4M-B	Bernard, Martha	2/21/22	3/21/22	Mo	5	18yr-& Up-	04:30 PM	06:00 PM	HB Studio Headquarters	Second Floor Studio - 120 Bank	\$185.00

Scene Study - Studio Practice

For professional performers who desire to return to, or maintain an ongoing relationship with a dynamic and fertile state of learning. The goal: to use the specifics of language, action, subtext, circumstance, and relationships in order to connect with the work at the deepest most personal level. You are encouraged to push boundaries with the aim of building ever more complex characters and situations, allowing and exploring what is powerfully, unexpectedly revealed. Expected rehearsal time outside of class: 6+ hours / week. PREREQUISITE: Open to actors placed at Acting Level Studio Practice (4). New to HB? Audition for placement.

EventCd	Teacher	StartDate	EndDate	Days	Mtg	Ages	StartTime	EndTime	Location	Room	Fee*
BEC10SU-A	Beckett, Michael	1/16/22	2/13/22	Su	5	18yr-& Up-	10:00 AM	01:00 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$330.00
BEC10SU-B	Beckett, Michael	2/20/22	3/20/22	Su	5	18yr-& Up-	10:00 AM	01:00 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$330.00
HEC10TH-B	Hecht, Jessica	2/17/22	3/17/22	Th	5	18yr-& Up-	10:00 AM	01:00 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$330.00

Scene Study 1

An introduction to the process of preparing and rehearsing a scripted text. Using Uta Hagen's six steps as a guide, you will work to find authentic inner connection to the character's details and circumstances and to choose truthful, effective and lively actions. A commitment to rehearse with partners outside of class is required. Expected rehearsal time outside of class: 3-4 hours / week PREREQUISITE: Open to all.

EventCd	Teacher	StartDate	EndDate	Days	Mtg	Ages	StartTime	EndTime	Location	Room	Fee*
LS12F-A	Serabian, Lorraine	1/14/22	2/11/22	Fr	5	18yr-& Up-	12:30 PM	03:00 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$295.00
LS12F-B	Serabian, Lorraine	2/18/22	3/18/22	Fr	5	18yr-& Up-	12:30 PM	03:00 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$295.00
BRL2TU-A	Boerlin, Jim	1/11/22	2/8/22	Tu	5	18yr-& Up-	02:30 PM	05:00 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$295.00
BRL2TU-B	Boerlin, Jim	2/15/22	3/15/22	Tu	5	18yr-& Up-	02:30 PM	05:00 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$295.00

Scene Study 3

You apply advanced lessons in technique and text analysis to the preparation, rehearsal, and presentation of scenes from a range of contemporary and classic plays. The work may incorporate Modern (19th/early 20th century) and Classical texts, as well as heightened, non-linear, and experimental material. Scenes are presented in class for critique, then reworked to explore and apply feedback. Extensive research, preparation, and rehearsal are expected outside of class. Skills: understanding and realizing the event of the scene; layering conscious and unconscious behavior; applying technique as a tool to solve challenges outside your comfort zone; transformation of self. Through extensive examination, research, and experiment, you discover and rediscover the level of action and commitment needed to fulfill the form and idea of the play. Expected rehearsal time outside of class: 6+ hours / week. PREREQUISITE: Open to actors placed at Acting Level 3 and up. New to HB? Audition for placement.

EventCd	Teacher	StartDate	EndDate	Days	Mtg	Ages	StartTime	EndTime	Location	Room	Fee*
BEC2SU-A	Beckett, Michael	1/16/22	2/13/22	Su	5	18yr-& Up-	02:00 PM	04:30 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$295.00
BEC2SU-B	Beckett, Michael	2/20/22	3/20/22	Su	5	18yr-& Up-	02:00 PM	04:30 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$295.00

Speaking Voice 1

This class employs the deconstructing and restructuring processes of Fitzmaurice Voicework® devised by Catherine Fitzmaurice. Training in voice work begins with the cultivation of deep physical awareness. Specific attention will be given to how the body—bones, muscles, breath, and nervous system – relates to healthy vocal production and vocal freedom. Examine how it feels to stand on your feet. Learn about how you live in your body, how you relate to your head and neck and shoulders. Discover how this affects your use of voice and influences healthy vocal spontaneity and expressiveness. Develop curiosity about these sensations and the circumstances and habits that affect them. Work through specific exercises to develop a Level 1 vocal and creative warm up sequence that will become your ongoing practice. Through your warm up become used to the process of checking in: recognizing and allowing the physical/emotional moment you are in and the circumstances that attend it, experiencing the moment, and working from it. Develop a relationship with the habitual patterns that influence how you engage with yourself—your skeletal and muscular structures, autonomic nervous system, your breath and your voice. Develop spontaneity, learning what it feels like to give in to a physical experience. With curiosity, explore and experience rigidity in the body through the release of tension, breathing, and spontaneous truthful sound. Learn the basic anatomy that supports breathing, sound making, and articulation in speech. Throughout Level 1 you are asked to discover your own process and be with others in theirs, so together the group develops a sense of what it means to be heard, seen and understood. Be advised that this Level requires time to master, and most actors will need a two- or three- term investment at Level 1 to develop awareness and become confident in these practices. All else in voice and speech work will build on this foundation. PREREQUISITE: Open to all levels.

EventCd	Teacher	StartDate	EndDate	Days	Mtg	Ages	StartTime	EndTime	Location	Room	Fee*
MCW11SA-B	McElwee, Theresa	2/19/22	3/19/22	Sa	5	18yr-& Up-	11:30 AM	01:30 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$240.00
MCW11SA-A	McElwee, Theresa	1/15/22	2/12/22	Sa	5	18yr-& Up-	11:30 AM	01:30 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$240.00

Speech 1

Drawing upon Knight Thompson Speechwork, Level 1 Speech is designed to develop your awareness of the physiological components and physical actions of speech. You will learn speech anatomy, with exploration and play through the vocal tract. The class will make a careful study of all the possible consonant actions and experiment with oral postures. You will begin to explore an international range of possible speech sounds, developing the ability to perceive and experience shades of difference. These fundamental practices will be useful to both native and non-native American speakers. PREREQUISITE: Open to all.

EventCd	Teacher	StartDate	EndDate	Days	Mtg	Ages	StartTime	EndTime	Location	Room	Fee*
DOL10SA-B	Dolezel, Craig	2/19/22	3/19/22	Sa	5	18yr-& Up-	10:00 AM	11:30 AM	HB Studio Headquarters	Second Floor Studio - 120 Bank	\$240.00
DOL10SA-A	Dolezel, Craig	1/15/22	2/12/22	Sa	5	18yr-& Up-	10:00 AM	11:30 AM	HB Studio Headquarters	Second Floor Studio - 120 Bank	\$240.00

Stage Combat

This class applies the definition of acting as “behaving truthfully under imaginary circumstances” to the stage combat world. You must have the skills to tell the physical story with as much accuracy and commitment as you bring to the spoken word. You must be able to meld truthful emotional life with a performance that remains collaborative, repeatable and safe. You will learn advanced hand to hand and grappling techniques, and should time allow, knife and sword work for the stage. With the instructor’s guidance you will learn the process of crafting your own staged fights. PREREQUISITE: Open to all levels.

EventCd	Teacher	StartDate	EndDate	Days	Mtg	Ages	StartTime	EndTime	Location	Room	Fee*
SOR4TU-A	Kelly-Sordelet, Christian	1/11/22	2/8/22	Tu	5	18yr-& Up-	04:30 PM	06:00 PM	HB Studio Headquarters	Second Floor Studio - 120 Bank	\$185.00
SOR4TU-B	Kelly-Sordelet, Christian	2/15/22	3/15/22	Tu	5	18yr-& Up-	04:30 PM	06:00 PM	HB Studio Headquarters	Second Floor Studio - 120 Bank	\$185.00
